



## South Dakota High School Activities Association

# FACT SHEET

**The SDHSAA exists to serve, not to rule.**

Without associations like us, high school sports and activities would be inequitable, inconsistent, unsafe and disorganized.

  
**Year Founded**

**1905**

  
**Member Schools**

**179**

  
**Sports + Activities**

**29**


  
**Participants**


**32,107**


State associations like the SDHSAA were formed to govern high school sports and activities by developing rules for fair play, establishing eligibility standards, and addressing the health and safety of students participating in these programs.


### Services We Provide


 Support Student Academic Achievement


 Offer Student Leadership Opportunities


 Offer Coaches Education Programs

 Conduct 780 State Tournament Contests

 Provide Structure for Regular-Season Competition for Schools

 Develop Coaches, Officials & Administrators Recognition Programs

 Promote Student Safety & Minimize Risk

 Establish Consistent Playing Rules in Concert with the NFHS

 Lead Sportsmanship Initiatives

**... and so much more!**

### The Purpose of High School Sports and Activities

High involvement in education-based athletics and activities leads to ...

 **Higher GPAs**

 **Fewer school absences**

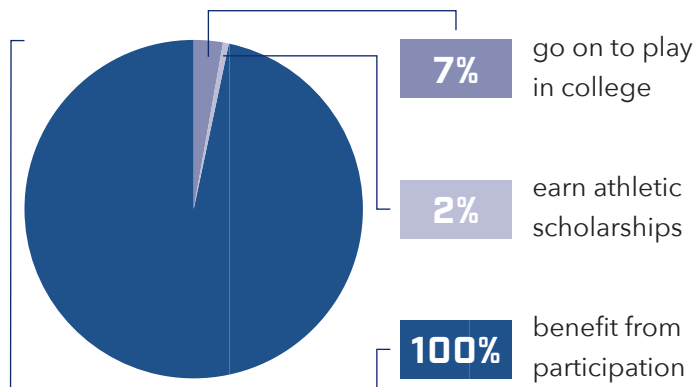
 **Higher graduation rates**

 **Fewer discipline problems**

 **Greater career aspirations**

 **Lower risk of drug use**

Of the **8 million+** student-athletes nationwide ...



Visit  
**sdhsaa.com**  
to learn more



Sources: NCAA, NFHS, Women's Sports Foundation