

The Car Ride Home (1:00)

You guys just didn't want it bad enough. That should have been an easy win. What were you doing out there? You got to hustle. You could have made that play if you would've been open.

On the car ride home after the game, when you think you're helping by telling me what I did wrong and what I need to work on. All I hear is that I'm not good enough, that I'm supposed to be perfect, that it's not OK to lose. On the car ride home, all I need to hear is how much you love me and enjoy watching me play, that my worth isn't determined by my performance and even on my worst days, I am worthy and that you see me learning, growing and doing my best...and that is enough.

This message presented by the SDHSAA and the South Dakota Interscholastic Athletic Administrators Association.