

2025

Region Meeting #2

Football Review



Region Meeting Two Agenda

- ▶ Sign In (Arrive early to greet officials and talk football)
- ▶ Welcome the Group & Introduce Agenda
- ▶ Rule Topic Videos – discuss how videos support NFHS rules and mechanics – how does SDHSAA want it called
 - ▶ Roughing The Passer Categories
 - ▶ Holding Categories
 - ▶ Pass Interference Categories
- ▶ Discussion on Game Management Techniques led by selected regional crews on Dealing with Coaches on the Field, Communication
- ▶ Football Philosophy (tips to get better) on Making “When In Doubt” Calls

Roughing The Passer

9-2-1 An offensive player (except the runner) shall not:

Use his hands, arms or legs to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent.

Philosophy

- ▶ Was it necessary
- ▶ Count time not steps
- ▶ Call consistently

Categories

- ▶ Late and Avoidable Contact
- ▶ 2nd Act Involving Punishing Action
- ▶ Contact to the Head, Face, and Neck
- ▶ Low Contact on the Passer

We are looking for any unnecessary contact on the passer. Be consistent.

Our Goal: Make it Be There. Make it Big. See it on Video!

Roughing The Passer Videos

▶ Late and Avoidable

- ▶ <https://www.youtube.com/watch?v=5bZqDKqLa4s>
- ▶ https://www.youtube.com/watch?v=Y_sr_pNi9Eo

▶ 2nd Act Involving Punishing Action

- ▶ <https://www.youtube.com/watch?v=mqjLgzlQZjA>
- ▶ <https://www.youtube.com/watch?v=H86hzkAZQsE>

▶ Contact to the Head, Face, and Neck

- ▶ https://www.youtube.com/watch?v=fhWN-OLQK_Y
- ▶ https://www.youtube.com/watch?v=JAF1_28rGJk

▶ Low Contact on the Passer

- ▶ <https://youtube.com/watch?v=fEQV-e3Xzks>

Offensive Holding

9-2-1 An offensive player (except the runner) shall not:

Use his hands, arms or legs to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent.

Philosophy

- ▶ Material restriction must affect the play
- ▶ Defender must have clear opportunity to make play near point of attack
- ▶ Or defender lost opportunity to get near point of attack

Categories

- ▶ Grab & Restrict
- ▶ Hook & Restrict/Arm bar
- ▶ Jerk & Restrict
- ▶ Take Down
- ▶ Tackle
- ▶ Reverse Take Down/Pull Over

We are looking for beat feet = you cheat, lost step, shoulder dip, jersey stretch, grasping outside of frame, defender turned etc.

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Holding Video

- ▶ <https://www.sdhsaa.com/football-training-videos/?playlist=9708f36&video=a9fd584>

Pass Interference 7-5-10: Both Offense and Defense have an equal right to move toward, catch or bat a forward pass

Defensive

- ▶ Not playing the ball & early contact
- ▶ Playing Through the Back
- ▶ Grab and Restrict
- ▶ Arm Bar
- ▶ Cutting Off Route
- ▶ Hook & Turn
- ▶ Face Guarding – No longer a foul

Offensive

- ▶ Pushing Off Creating Separation
- ▶ Playing Through back of a Defender Who Established Position
- ▶ Blocking Downfield or Pick on a Pass that Crosses the Line of Scrimmage

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Pass Interference Video

- ▶ <https://www.sdhsaa.com/football-training-videos/?playlist=9708f36&video=3f05486>