



# SDHSAA

## Volleyball Newsletter #1

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### AND IT BEGINS

As we kick off the new season, I wish you all tremendous success. Let's continue to lead by example for our student-athletes and ensure they uphold the highest standards. Welcome back to another school year—best of luck to each of you!"

### ONLINE RULES MEETING, MECHANICS MEETING AND TEST

If you have not yet watched the online rules meeting, online mechanics meeting (officials only) and passed your online test, you need to do so **PRIOR to August 31<sup>st</sup> at midnight** or you will be fined for missing a requirement. If you miss any of these requirements you will still be able to coach or officiate, you will simply be fined for missing a requirement.

### COACHES EDUCATION REQUIREMENTS

Please remember that as a coach, you are required to complete specific NFHS courses to maintain your eligibility to coach. These courses must be completed prior to you starting to coach any sport or you will be ineligible to coach your team. If these courses are not completed PRIOR to the start of your season, you will be fined \$500. All these courses must be completed on the nfhslearn.com website. The courses coaches are required to complete are:

1. Fundamentals of Coaching- once you have completed this course, you do not need to take it again.
2. First Aid, Health and Safety- completed every two years.
3. Concussion in Sports- completed annually per state codified law after JUNE 1.
4. Heat Illness Prevention- completed annually after JUNE 1.
5. The Collapsed Student- (same as previous The Collapsed Athlete course- the name has just changed) must be completed every two years.

### WAIVER LETTERS

If you have an athlete who needs to wear special equipment due to a medical condition, please email me to request a waiver letter for permission to use these items during contests.

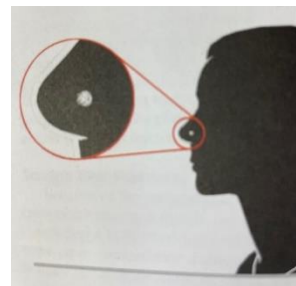
Officials, if a waiver letter is necessary, allow the athlete to participate in this week's contests and notify both the coach and me so we can ensure the proper waiver is issued.

### UNIFORM NUMBERS (4-2-3a)

This new rule allows a player to change uniform number without penalty if the uniform becomes damaged in addition to when a uniform has blood on it.

## EQUIPMENT/ACCESSORIES

Any type of jewelry that dangles is not allowed. Piercings above the chin that are stud-like are legal – such as the example in the picture.



## HEAT TIME-OUTS

Heat time-outs are allowed in the early stages of the Volleyball season to ensure safety for all. This should be discussed at the pre-match conference and if a coach thinks it is necessary, take the heat time out. Once they start, the heat time-outs continue throughout the duration of the match.

**A heat time-out will add one minute between each set. So, the time between sets will be four minutes instead of three. Officials will need to instruct the timer of that change prior to the start of the match.**

## SPORTSMANSHIP AND TEAM CELEBRATIONS

Sportsmanship remains a top priority for the SDHSAA. A recent article in Referee Magazine highlighted that coaches play a crucial role in setting the standard for behavior towards officials. I urge coaches and school administrators to keep this in mind as we lead by example. Some reminders on this topic:

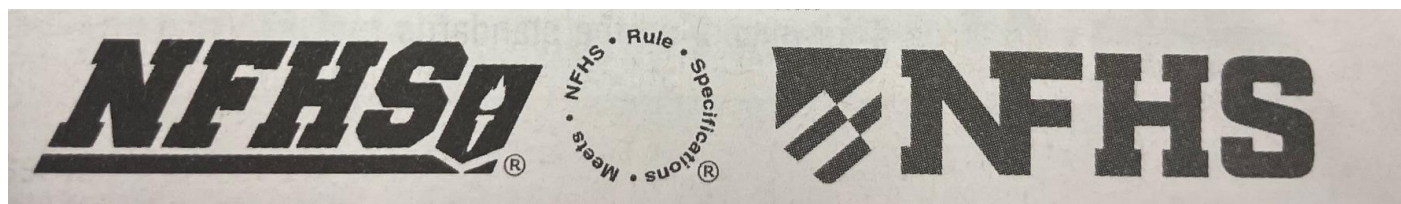
- Any form of taunting is NEVER acceptable.
- Cheer for your team in a positive manner, **not toward the opposing team or fan base.**
- Team benches are allowed to stand to celebrate a great play but must return to the bench immediately following.
- **Celebrations should be volleyball oriented and not a means of showboating or taunting the other team.**

## SD Adopted Teams Not Switching Sides -- Line Judge Switch Sides

South Dakota has adopted the policy of team benches remaining on the same side of the court unless there is a distinct disadvantage for one team or the other. If as the visiting team, you feel there is a distinct disadvantage – please communicate with the Home team prior to game day. Teams will remain on the same bench and line judges will switch sides between sets.

## BADEN VOLLEYBALLS

There are three NFHS Authenticating marks in the picture below. **Any of these NFHS Authenticating marks are acceptable for volleyballs.** The mark on the right is the newest and my understanding from a supplier is that we will not see that mark on new volleyballs until next season. If the ball has the NFHS authenticating mark on it, this ball is fine to use for warm-up and competition. The ball shall measure at least 25 inches but no more than 27 inches in circumference.



### CONTRASTING COLOR OF THE LIBERO JERSEY

Teams wearing uniforms that use their school colors such as purple and black, maroon and black, royal blue and black, dark green and black, etc. WILL NOT be allowed to use those color combinations, as they do not CLEARLY CONTRAST with the jersey colors. These uniforms shown on the right are NON-COMPLIANT!



We should not see any teams wearing color combinations as such. They are illegal! Uniforms that are opposite

patterns may be worn between the team and libero as long as they CLEARLY CONTRAST. If colors simply reverse over half of the uniform and are not easily distinguished by officials, those uniforms remain illegal. This picture on the left would NOT clearly contrast for a libero and team jersey.



### SD ADOPTED POLICY OF PRE-MATCH PROTOCOL

South Dakota has adopted to continue the policy of only starters standing on endline prior to first set. Bench players are encouraged to stand in front of the bench or along the sideline – between the attack line and the end line.

### HOST MANAGEMENT REMINDER

The VB Handbook states: Fans and spectators may **stand**, but not on the playing surface. I have received clarification from a few volleyball officials regarding the playable area. It extends up to the bleachers, regardless of how far they are from the court. This Point of Emphasis pertains to fans that are standing – if they want to stand, they need to do so in the bleachers. If fans are sitting...the bottom row is fine.