



SDHSAA

Volleyball Newsletter #2

Kristina Sage
Assistant Executive Director
South Dakota High School Activities

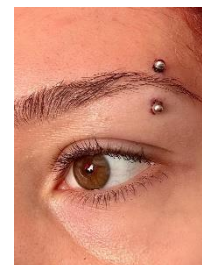
September 16, 2024

UNIFORMS REQUIREMENTS

Jersey numbers shall be clearly visible. It shall be a solid color that is in sharp contrast with the color of the jersey regardless of trim.

JEWELRY REMINDER Rule 4-1-7

Small stud or post jewelry allowed above the chin. Taping over jewelry is **not** permitted. The picture is two studs, so would be legal. Two items that are not considered jewelry: 1) a medical-alert; 2) a religious medal. Both of those items should be taped to the body and do **not** require a waiver. Medial alert may be visible. Religious medals should be under the uniform.



OCTOBER CANCER AWARENESS MONTH

October is Breast Cancer Awareness Month, and many schools participate in some type of “awareness” during the month of October. Please keep in mind that if you are ordering pink uniforms, the uniforms must comply with the NFHS Rule codes. Contrasting colors need to be used for the two jerseys. A pale pink and white jersey would not be contrasting colors. We do not make exceptions for the color of the volleyball during October.

Officials may use pink whistles during the month of October. Should you have any questions about the event as to what is allowable or not, please feel free to contact me.

GAME BALL

The game ball for all competitions shall be the three-colored panel Baden Perfection Volleyball of royal blue/gray/white and must have a NFHS Authenticating Mark. Sounds like there have been some balls with a different dye used for the blue panel. Just make sure it a shade of royal blue....and not a school color.

WARM-UP PROTOCOL

Continue to be aware of what is safe for athletes from both teams during the warm-up time. If there is an auxiliary gym available, Team A can utilize that space while Team B is at the net and vice versa. It is up to the coaches to supervise their team in that auxiliary gym and choose what type of warm up drills they perform during that time frame.

NET MARKINGS

A white net sleeve, no wider than 3-3/8 inches may be installed along the top of the net. It shall be secured so it doesn't affect the height of the net. It is permissible to place the school's name or mascot along the top of the net sleeve.

LINE JUDGES

Procedure for switching sides: please instruct your line judges to walk to the 10-foot line by the R1 and then walk across the court on the 10-foot line.

Uniform policies for line judges:

Line judges registered as officials with the SDHSAA, will be required to wear blue, collared officiating shirt, with black pants.

Line judges not registered with the SDHSAA are recommended to wear a white polo shirt and black pants.

SPORTSMANSHIP AND TEAM HUDDLES

Please stress to your teams the importance of practicing sportsmanship on and off the court. While on the court be sure to hustle after the ball and roll it to the server so as not to delay the set. Teams are not allowed to huddle after each point during the set; this violation would result in an unnecessary delay after a warning.

PLAYER LIMITATIONS

- In matches with more than one level of competition, such as C, JV and Varsity, an individual shall not participate in more than **seven** sets against a common opponent.
- Tournaments with two levels of competition: A player may only play on **one team**. Exception in the case of injury or illness. If a JV player moves up to Varsity – they must stay on the Varsity for the remainder of the tournament.
- South Dakota volleyball teams will follow the South Dakota match limitation rule when playing in neighboring states.

TWO FOR ONE



From the Referee Magazine this month. When two teammates make contact with an errant ball at the same time and the ball goes back toward their court as in the picture. Is this legal? Yes, it is legal, and it is only counted as one team hit. Second, any players involved in the simultaneous hit may be the next player to touch the ball again.