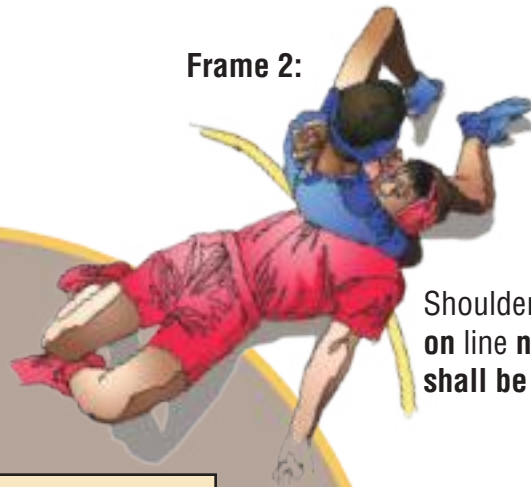




ONE POINT OF CONTACT



Frame 1: Shoulder/ scapula **on line near fall/fall** shall be counted



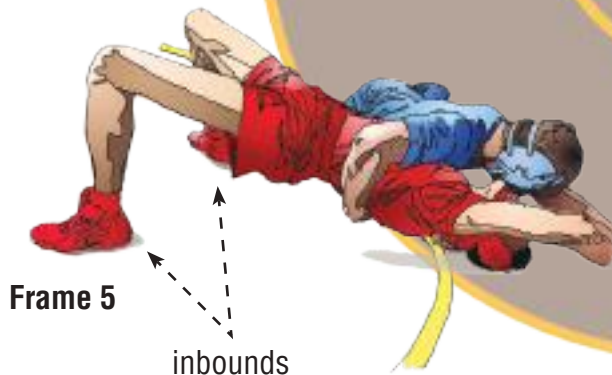
Frame 2:

Shoulder/ scapula **on line near fal/fall** shall be counted



Frame 3:

Wrestler B has his thigh and hip, **1-point of contact** on the line, **near fall/fall** shall be counted as they are in



Frame 5

inbounds

Count has started before **Wrestler A** high bridges while on the boundary line, **near fall/fall** shall continue to be counted. **Wrestler A** has maintained **1-point of contact** in bounds.

SECTION 15 INBOUNDS

5-15-2c Near-fall points or fall shall be earned only while a point-of-contact of either wrestler is in bounds.

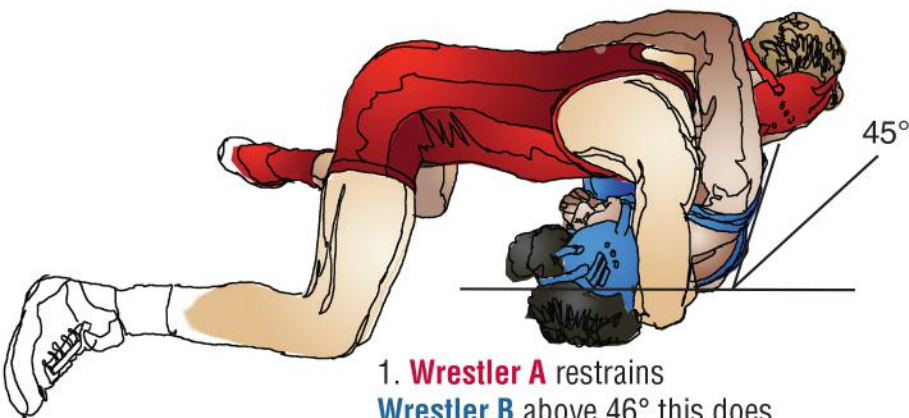


Frame 4:

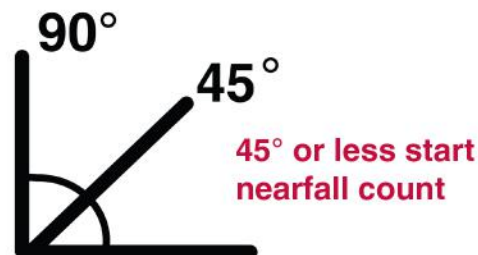
Wrestler A's head is **1-point of contact** wrestling shall continue and near fall counted.

SECTION 15 INBOUNDS:

5-15-2b when defensive wrestler is on their back while the **1 point of contact** of either wrestler is in bounds.



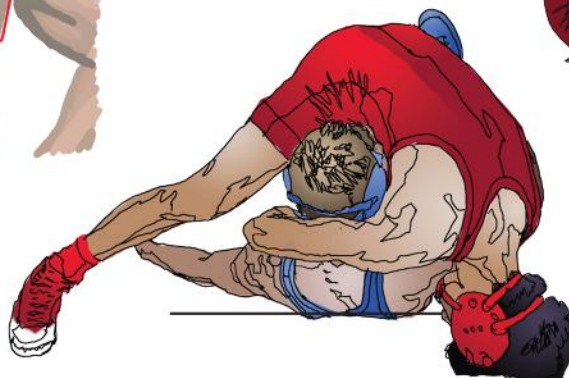
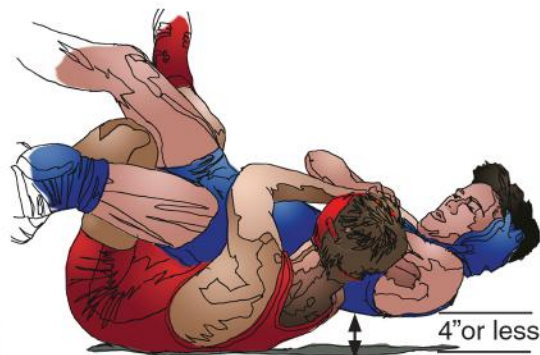
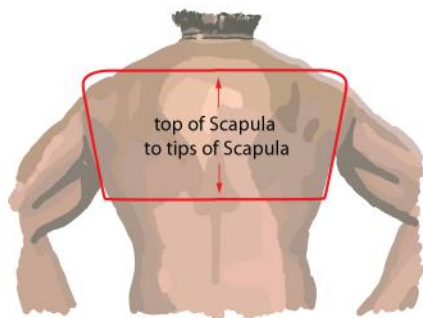
1. **Wrestler A** restrains **Wrestler B** above 46° this does not meet near-fall criteria



Rule 5-11-2a: Criteria for a near-fall occurs when any part of both shoulders or both scapulae of the defensive wrestler are held **within 4 inches** of the mat or less; or when one shoulder or scapulae of the defensive wrestler is touching the mat and the other shoulder or scapulae is held at **45 degrees or less** with the mat; or when the defensive wrestler is held in a **high bridge** or on both elbows.

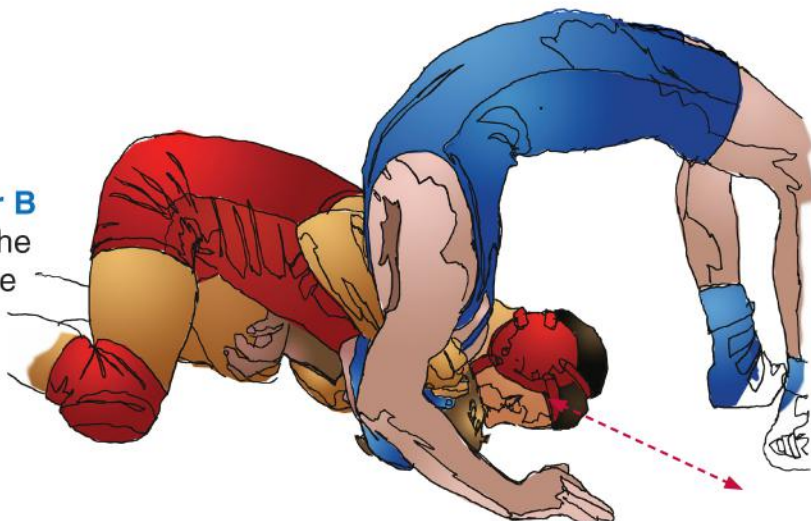


2. **Wrestler A** restrains **Wrestler B** at or below a 45° angle while the other shoulder is held in contact with the mat. **2 continuous seconds** earns a **2-point NF**, **3-continuous seconds** earn **3-point NF**, **4 continuous seconds** earns a **4-point NF**.



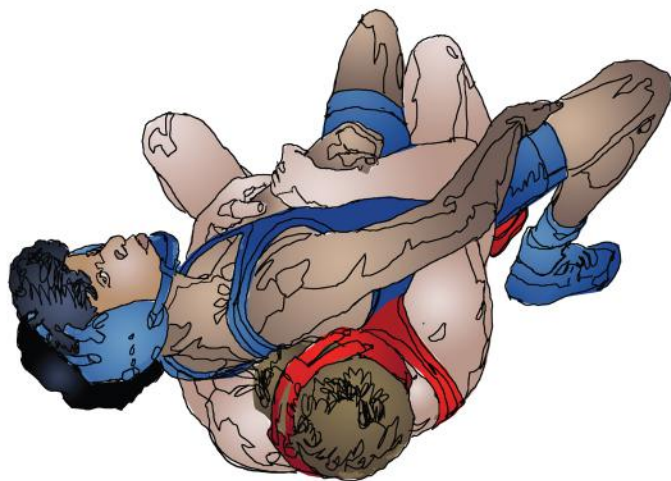
3. / 4. **Wrestler A** restrains **Wrestler B's** pinning area within 4 inches of the mat. This is near-fall criteria.

1. **Wrestler A** restrains **Wrestler B** in a high bridge. This is one of the four criteria and near-fall shall be counted.

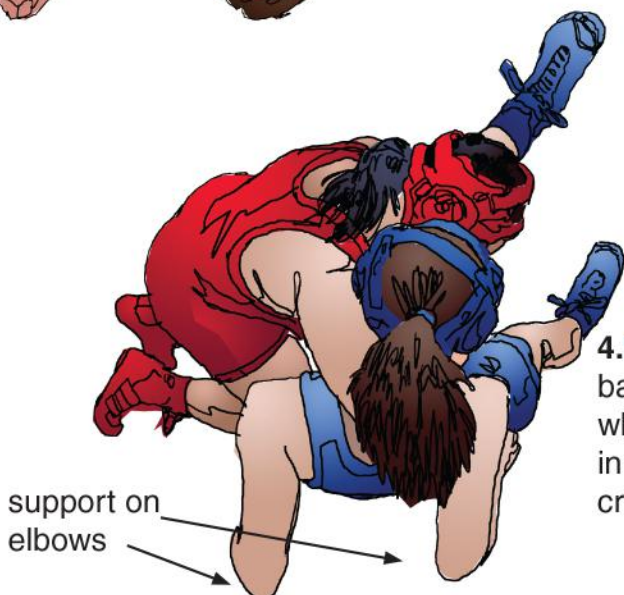


NOTE: The official must be close to protect the neck from rolling too far over top; consider potentially dangerous and slide in to physically cradle the neck

2. **Wrestler B** is posted on one elbow, above 4-inches and greater than a 45° angle do not meet near-fall criteria, and a near-fall count may not be started.



3. The intent of a **near-fall** is that the offensive wrestler is near scoring a fall. A fall cannot be scored while laying on the chest of the offensive **Wrestler A**. **Therefore, this situation does not meet near-fall criteria, and cannot be counted.**



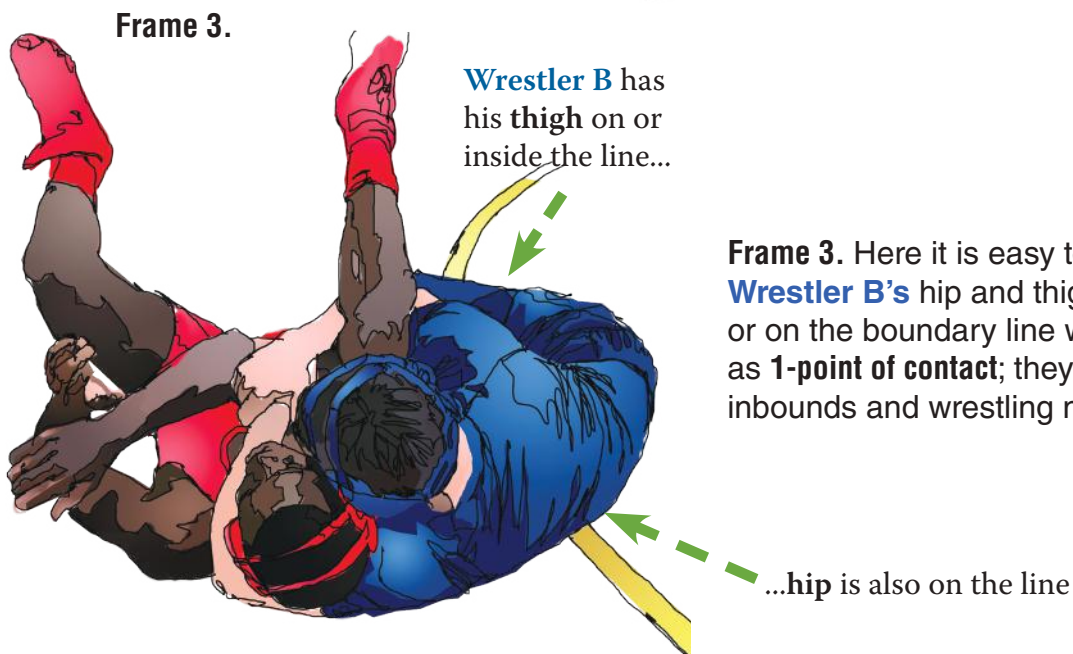
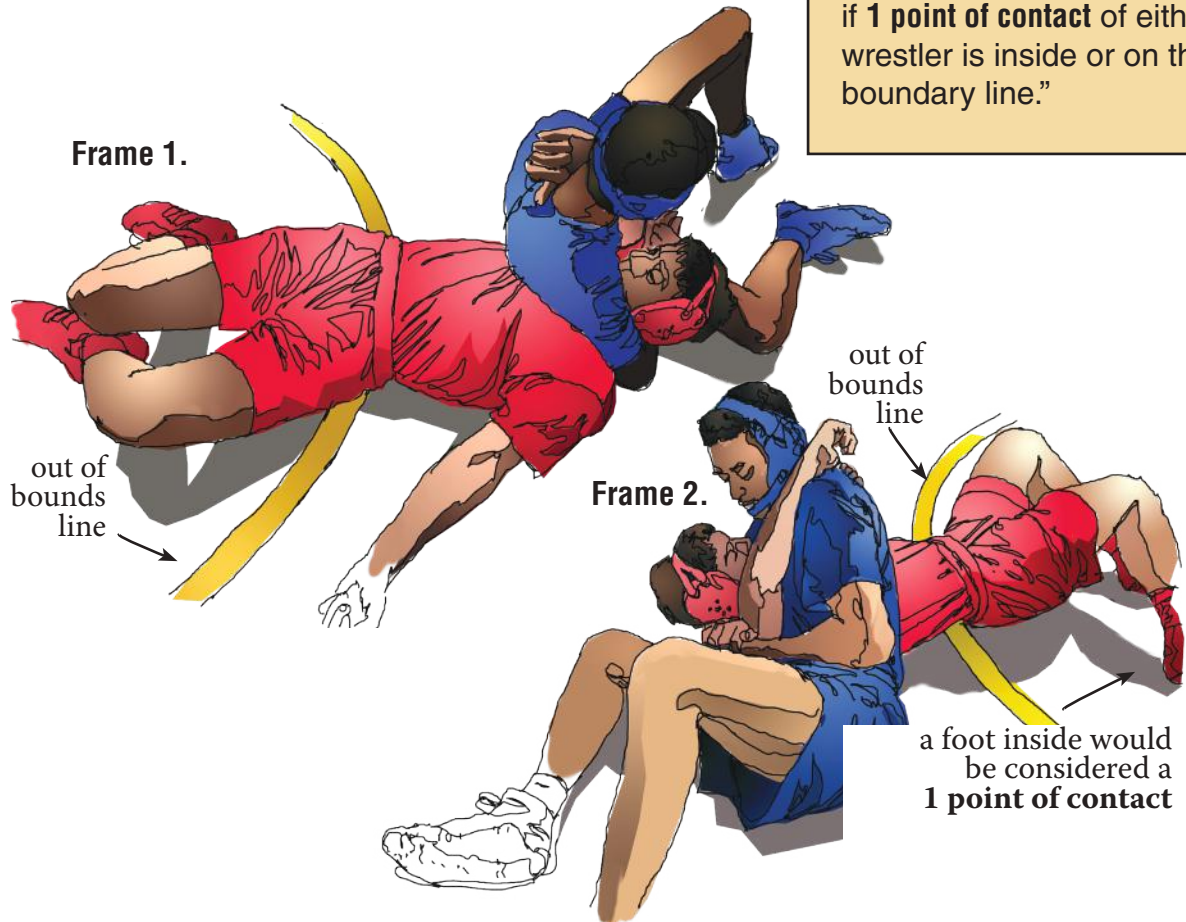
4. **Wrestler B** is fighting off her back by posting on both elbows while **Wrestler A** restrains her in this position. This is **near-fall** criteria, and a count shall begin

Near Fall: Inbounds

Frame 1 & 2: Based on new inbound **rule 5-15-1**, this pair of wrestlers are inbounds as there is **one-point of contact** with the feet and hip in or on the out of bounds circle. Wrestling may continue if safety issues make it allowable.

SECTION 15 INBOUNDS:

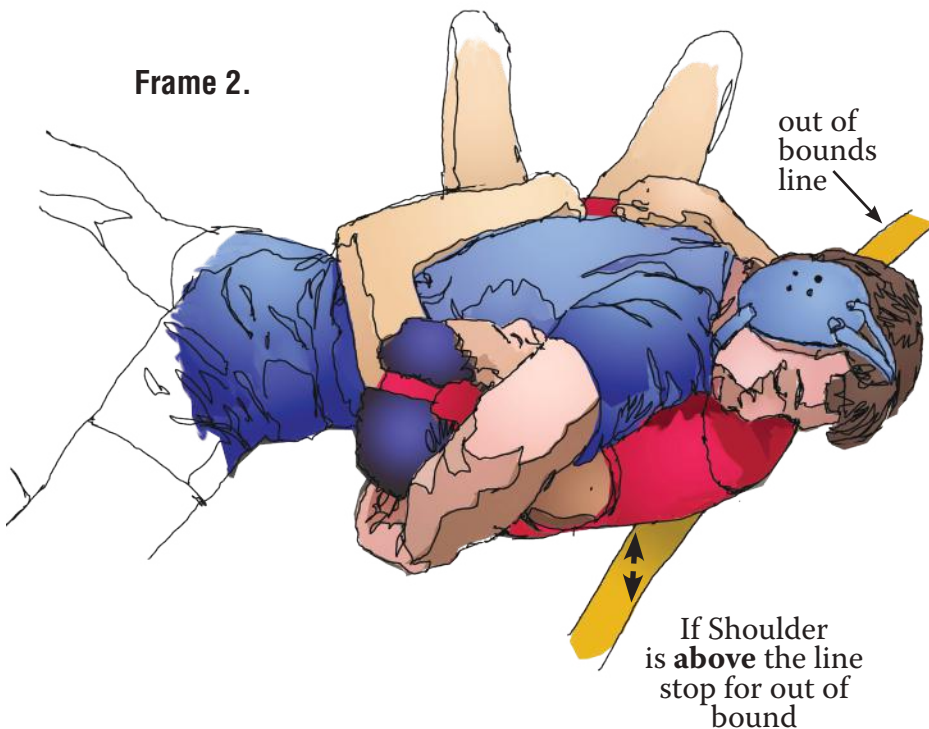
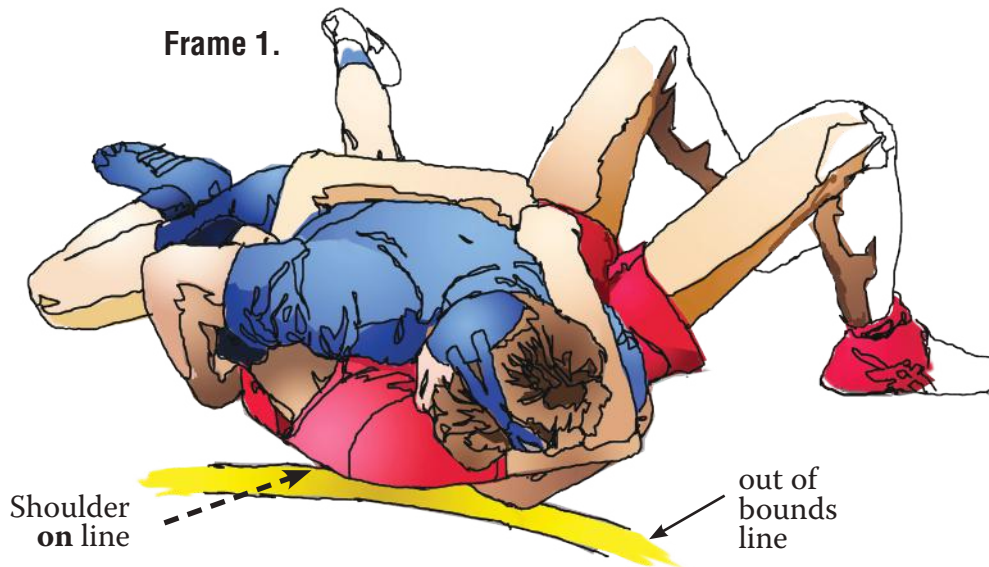
RULE 5-15-1 Contestants are considered to inbounds if **1 point of contact** of either wrestler is inside or on the boundary line."



Frame 3. Here it is easy to see **Wrestler B's** hip and thigh are inside or on the boundary line which counts as **1-point of contact**; they are inbounds and wrestling may continue.



Frame 1: Both **wrestler A** and **wrestler B** are completely out of bounds with **wrestler A** on his back while his right shoulder/scapula held down the mat over or on the OB line. Near fall can be counted when any part of **wrestler's A's** shoulder is **on** the OB line. *Any part of one shoulder or scapula shall be considered **one-point of contact** inbounds.*



Frame 2: Both **wrestler A** and **wrestler B** are completely out of bounds with **wrestler A** on his back while his right shoulder / scapula is held above the OB line. **Near fall cannot be counted** when any part of **wrestler's A's** shoulder is above the mat. There is **no point of contact** of either wrestler touching the inbounds portion of the mat. They are both out of bounds.



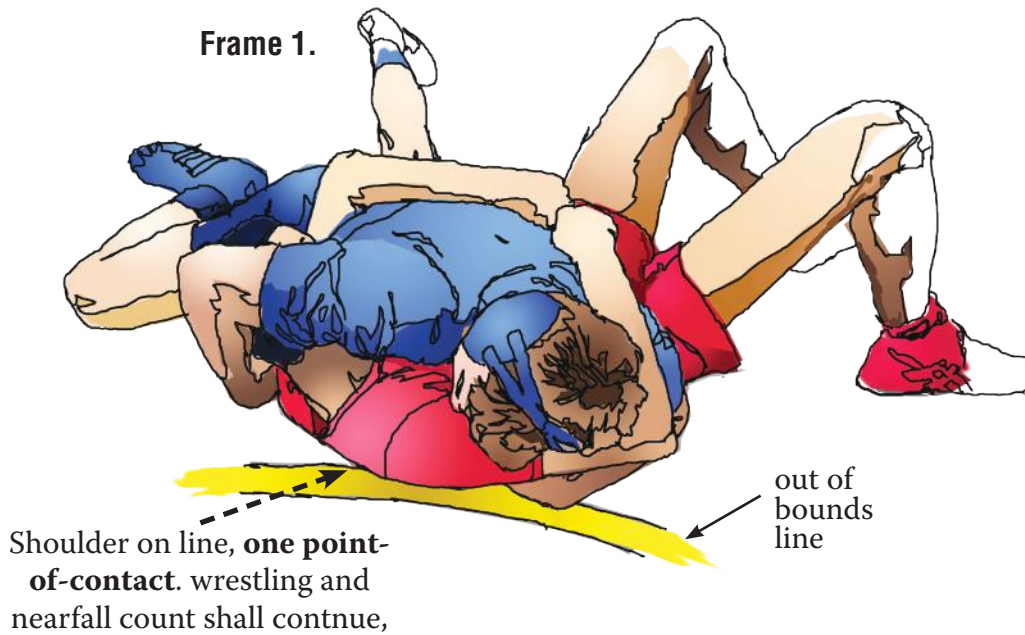
Near fall: Inbounds/Out of Bounds

Frame 1: Both **Wrestler A** and **Wrestler B** are completely out of bounds with **Wrestler A** on his back while his right shoulder/scapula held down the mat over or on the OB line. Near fall can be counted when any part of **Wrestler's A's** shoulder is **on** the OB line. **Any part of one shoulder or scapula shall be considered one-point of contact as inbounds.**

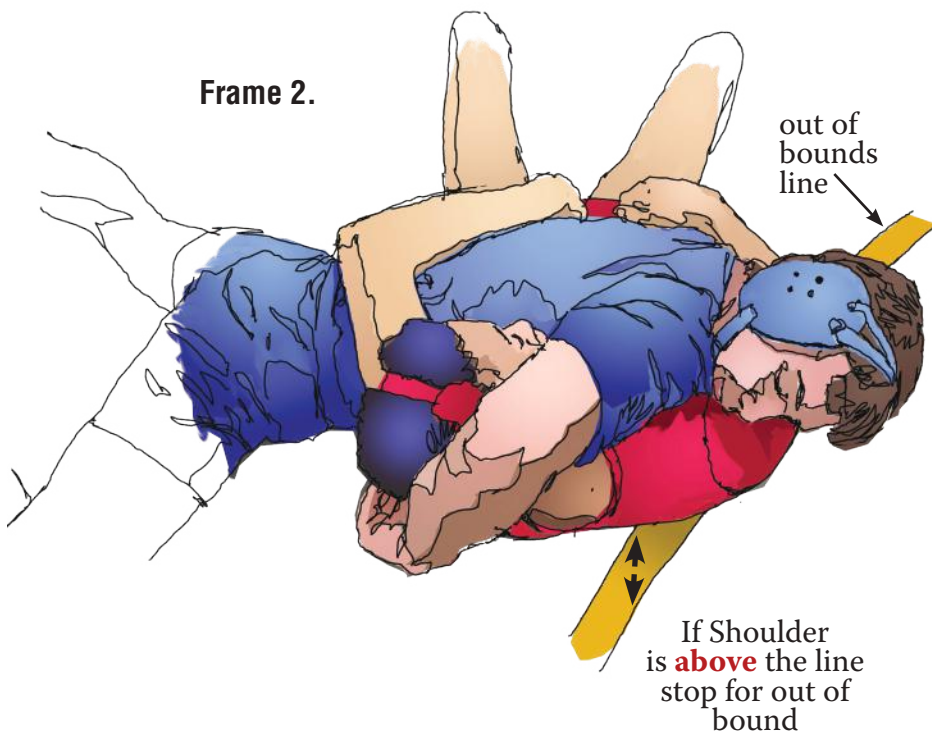
SECTION 15 INBOUNDS:

RULE 5-15-c Near-fall points or fall shall be earned only while a point-of-contact of either wrestler is in bounds.

Frame 1.



Frame 2.



Frame 2: There is **no** point of contact of either wrestler touching the inbounds portion of the mat. They are both out of bounds.

Supporting Points in Near Fall

