

Casper's Clarification's #1, #2, and #3

April 13th, 2026

#1.

There is always discussion about legal or illegal uniforms. The verbiage within this clarification will help define what is legal.

Note: When purchasing new uniforms or having your athletes purchase something different than a team school issued uniform, (example: different shorts or a t-shirt) make sure they are legal per rule.

Reference: NFHS and SDHSAA uniform rules and approved guidelines.

1. Rule book 4.3.1-3, 1a (1-3 + note), 1b (1-8), 2(a + note), and 3
 - a. NFHS has established uniformity for all athletes competing in track and field and cross country
 - b. School issued and school approved must meet all of rule 4.3.1-3, meaning just because you have a school approved uniform does not mean it is legal, it must adhere to all requirements to be legal
2. Handbook, page 7, [ATH-TrackField.pdf](#) all of A-K
 - a. New for 2026: Football jerseys are not considered a school-issued uniform. If a tank top-style top cannot be found (usually involves field event competition), a t-shirt in a school color or in a predominant uniform top color is acceptable.
3. SDHSAA UNIFORM REGULATIONS – NFHS Rule 4-3-1, [TF-UniformRegulations.pdf](#)

#2.

We are experiencing host schools moving field events to an earlier start, which is a Games Committee and or a Meet Director's decision and legal, however, if you as a host school decided to move the javelin or any other field events to start before a coaches meeting, other field events and the running events, a SDHSAA official must be present to do the following:

- a. Weigh in and approve the implement (example: javelin, shot, discuss or pole vault pole)
- b. Approve the event is set up correctly and safe for competition
- c. Approve the event judge is conducting the competition correctly and fairly (measuring and recording each attempt accurately)
- d. Finalize and sign off on the results insuring they can be used for a sanctioned top 24

Note: If a SDHSAA official is not present before, during or after, then the results would not qualify for a top 24 performance.

#3.

We are approving host schools to have a Field Event Only Meet or some variations of such, if a host school decides to have these types of meets, 1 SDHSAA official must be there before, during and after to insure a sanctioned top 24 meet.

Along with a field event meet, some host schools have decided to have a running event only meet, if so, then the SDHSAA is requiring 2 SDHSAA officials to conduct this type of meet to insure a sanctioned top 24 meet.