

## Casper's Clarifications #3

April 22<sup>nd</sup> 2026

#1 There has been some discussion on the new 60-minute rule and how this new procedure will affect an athlete that has passed 3 consecutive heights, the text within is from our Meet Resources High Jump and Pole Vault links

### INSTRUCTIONS TO HEAD HIGH JUMP

PRACTICE: Permit practice jumps prior to the start of competition during meet management's approved times; none after competition starts except a competitor who has passed three consecutive heights after competition has begun may be permitted a warm-up jump without the crossbar in place.

TIME: A competitor who has not entered the competition within 60 minutes from the first jump of the competition shall be allowed 1 ½ minutes of warm-up time without the use of a crossbar or bungee cord under the supervision of an official. This will take place only at the beginning of a height change. If more than one athlete is entering at the same time, each athlete is allowed the 1 ½ minutes. This time is not aggregated for the group. The competitors must make a minimum of one attempt at this height.

### INSTRUCTINS TO HEAD POLE VAULT

TIME: A competitor who has passed three consecutive heights and has not entered the competition will be permitted two minutes of warm-up jumps without the crossbar in place per the number of competitors entering at that height. A competitor who has not entered the competition within 60 minutes from the first jump of the competition shall be allowed 2 minutes of warm-up time without the use of a crossbar or bungee cord under the supervision of an official. This will take place only at the beginning of a height change. If more than one athlete is entering at the same time, each athlete is allowed the 2 minutes. This time is not aggregated for the group. The competitors must make a minimum of one attempt at this height.

#2 Coaches – Make sure all your pole vault poles have the correct markings and are legal. **Poles must have clearly readable manufacturer labels indicating both weight rating and length (e.g., Weight Rating = 150 lbs. or below; Length = 11' 3"). Both labels must be intact and legible. Poles with missing, altered, or unreadable labels will not be certified for use.**

#3. AI Glasses **Rule:** 4-6-6c (NEW) Clarifies athletes are NOT permitted to wear any type of audio or video recording devices during a race, trial, or while in restricted areas. Athlete is subject to disqualification. Here is an example of what they look like and what officials should be watching for.

### Example of illegal AI glasses and all the options available



**2 cameras by the hinge and two batteries on the temple straps**



**Example of illegal AI glasses with the camera in the middle and blue tooth on the temple band**