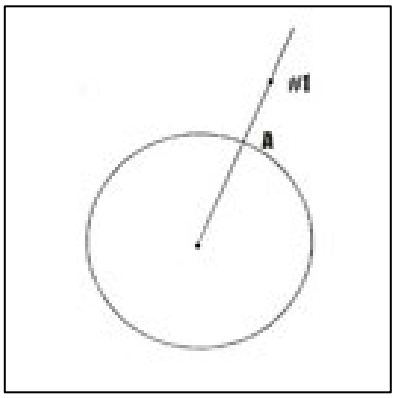
# MARKING SECTOR FOR SHOT PUT AND DISCUS

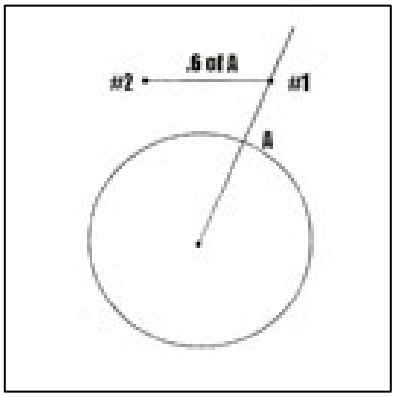
For all meets, the 34.92-degree sector must be used for both the Shot Put and Discus.

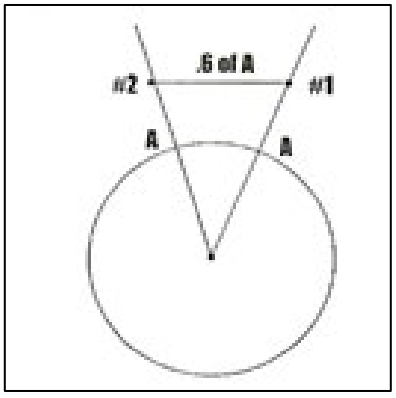
To mark the 34.92-degree sector:

From the center of the circle, mark off a boundary of 20 yards (A) and make a mark (#1).




From that mark, measure toward the other outer boundary line a distance of 12 yards (0.6 x 20 yards) and make another mark (#2).




From the center of the circle, measure the other outer boundary line 20 yards (A). Align mark (#2) with this measurement. The result is a 34.92-degree throwing sector.